

How to Choose Effective Strategies for Coping with PDD (Autism, ADD, and Aspergers)

I believe that PDD is a severe form of Post Traumatic Stress Syndrome.

What are the Stresses that cause PTSS (autism)? **First, there's the susceptibility** -- a pre-existing weakness in the system that leads to failure to cope with significant stress. It's upon this susceptibility that vaccinations, antibiotics, surgeries and other medicines of all kinds begin to wreak havoc. The body finally breaks down under the load.

What about the PDD behavior? Human beings still possess their ancestral reptilian brain -- the part of the brain that's concerned with instinctual survival. As the Stresses pile up, the core-self recognizes that its survival is at stake, and gradually the reptilian brain begins to dominate over the new brain and new brain functions are gradually turned off. Most of the behavior of the PDD condition -- lack of awareness, defensive striking out, loss of language, loss of empathy, self-stimming, all arise from this flip-flop in brain function **secondary to the exposure to an overwhelming number of Stresses.**

Key strategies must deal with a removal of the after-effects of the stressing agents. Most programs do not concern themselves with this treatment strategy. Drugs and drug-like agents are the most used tools from the tool chest of modern medicine and they make no contribution to de-stressing the body, but add to it.

The key to understanding their inability to effect much positive change is that they are **Passive** treatments rather than **Active.**

Everyone has heard the expression, "Adapt or Die." Implicit in this expression is the understanding that living beings can adapt and become stronger so that they can tolerate environmental stresses. One of the problems of PDD children is that they have little adaptation power left after experiencing all of these assaults. We all know that liver function, kidney function, blood function, immune system function are all very weak in these children.

Even if mercury was a major problem for these kids (which it's not, it's only a part of a much larger problem), the major methods for getting rid of mercury are all Passive: an agent is introduced into the body whose job is to grab-up mercury if it can (DMSA and Alpha lipoic acid, for example). After this, however, the body is left to fend for itself in trying to eliminate that mercury. This is, at best, difficult because all the weakened systems will have trouble processing the bound mercury.

Why is the idea of Passive treatment not a good one? **Passive treatments do not make the body stronger.** For example, if you were to hire me as your personal trainer and I came to your house and moved your arms and legs for three months, do you think you'd be any stronger after that time? Well, that answer is a resounding No. To get stronger you have to apply a mild stimulus to the body so its adaptive mechanisms are turned-on. The result is that there is a system-wide increase in function throughout all the pathways involved.

The Best, Proven Methods Lie in the Area of Energetic Bio-Therapeutics

Many have heard of homeopathy and there are many homeopaths today that practice the art. But, it should be understood that more than 98% practice an archaic form of homeopathy that even Hahnemann, homeopathy's founder, abandoned at the end of his life. There has been extraordinary developments in Energetic Bio-Therapeutics that, when used appropriately, will provide significant benefits to children with PDD.

Key methods include:

Drainage remedies: these products perform by increasing the power of the primary elimination organs, the kidneys and the liver. Stimulation of the lymph system, skin, and endocrine glands is also a feature of using a drainage protocol. This protocol is often used in homeopathic prescribing to increase the action of the chosen remedies. Drainage increases and speeds the release of all toxins including drugs, chemicals, and heavy metals.

Gemmotherapy: this was discovered in 1965 and uses glycerine macerates of fresh plant buds. It is specific for drainage and works in conjunction with oligotherapy and lithotherapy.

Oligotherapy: these products use homeopathic dilutions of trace elements such as selenium, zinc, and copper to improve enzyme function and are commonly used with several of the other therapies mentioned.

Lithotherapy: in this process rocks or minerals are ground to fine particulates until they can be mixed with alcohol. Lithotherapy has a de-chelating effect that releases essential minerals that are bound by toxic substances that have accumulated in the body because of pollution.

Combination remedies: many contemporary homeopaths combine remedies to increase the overall effect. According to the beliefs of the homeopathic majority this is an inappropriate use of

homeopathic remedies. When I first began in homeopathy, I was given single remedies, one at a time, and waited for months to see if anything would happen. Nothing ever did and it was only when I began to use combination remedies that I really saw positive effects with homeopathy. One of the limitations of administering a single remedy and waiting is that it just doesn't work very well. Hahnemann learned about the limitations of his previously used method and abandoned it, yet it's the method used by most of the homeopaths that one hires today when beginning to use homeopathy. There are very few practitioners of Energetic Bio-Therapeutics who use the broad array of products and therapeutics that are available today in our modern times.

Sarcodes: these are homeopathically prepared remedies made from the tissues of animals that tonify and strengthen the organs, glands, and body parts of the weakened person. I use remedies that combine drainage remedies and sarcodes for a strong effect.

Compounds that take advantage of the Law of Hormesis: the Law states that all substances can cause both harm and benefit depending upon the dose. For example, radiation in a high dose can kill, in a small dose it can benefit. This Law is often cited as the scientific foundation of homeopathy and its ultra-low dose remedies. It is the low-dose that stimulates to body to turn-on its adaptation mechanisms thereby making it stronger.

The most important issue to understand about Energetic Bio-Therapeutics is that it is Active; it creates an adaptation response within the body that causes an increase in function. How does this compare, for example, to an aggressive nutritional supplementation program?

Supplements are never Active, they are merely Passive. The body may "grab-up" nutrients to create new structures and to build strength, but supplements can never turn-on the Adaptation response. The changes occurring when an Adaptation response is activated may need supplements for the building response but they are not what turns-on the response.

With this understanding in mind, we can see the first step is to remove the Stresses and at the same time, we must build the weakened body and its parts. Energetic Bio-Therapeutics has the power to do both of these steps at the same time. The key is using substances that turn-on the body's in-born healing system.

We can also see that this type of program must be the very first step, the fundamental or basic program. Other types of popular therapies do nothing to cause a strengthening effect because there is no Active stimulus to turn-on the body's adaptation machinery. They are all Passive. Programs that focus themselves on education, vision or hearing

therapy, or language will have little chance of providing benefit because they are Passive. They are misdirected in the treatment strategy and can only be used once the body becomes stronger, healthier, and more responsive. In fact, many treatments today that are directed primarily at the higher centers of human function that reside in the new brain will actually increase the amount of stress that the child experiences.

You often see a negative response to visual and auditory training programs because they increase stress and elicit a stress response. These programs can be used judiciously once you start working with a fundamental program directed toward the basic needs of life.